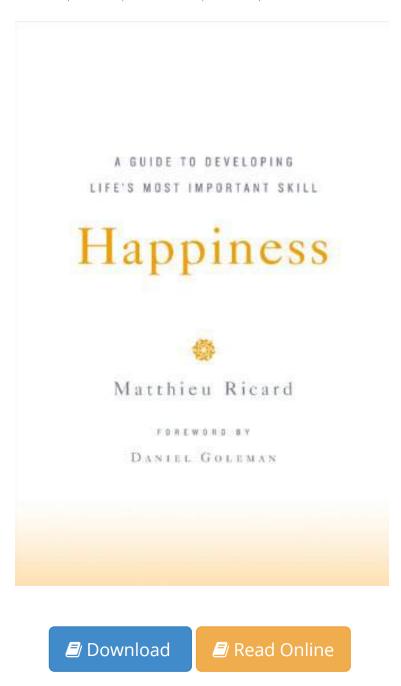
Happiness: A Guide to Developing Life's Most Important Skill

By Matthieu Ricard
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