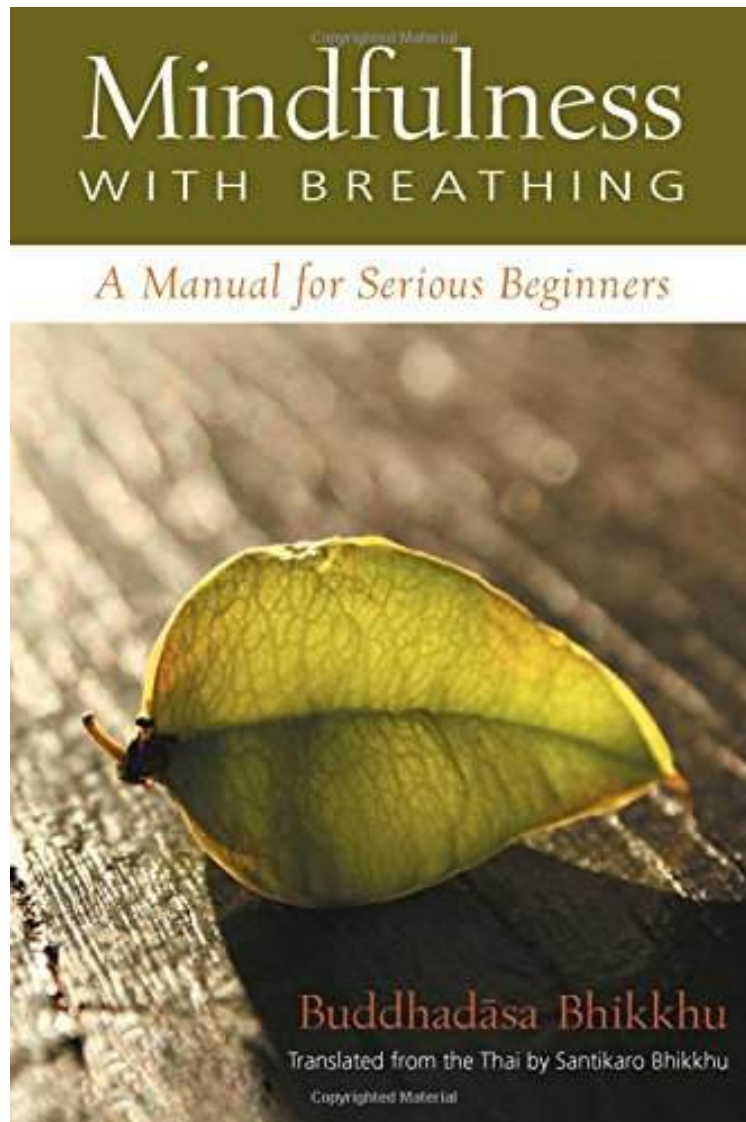


Mindfulness With Breathing : A Manual for Serious Beginners

By Buddhadasa Bhikkhu

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