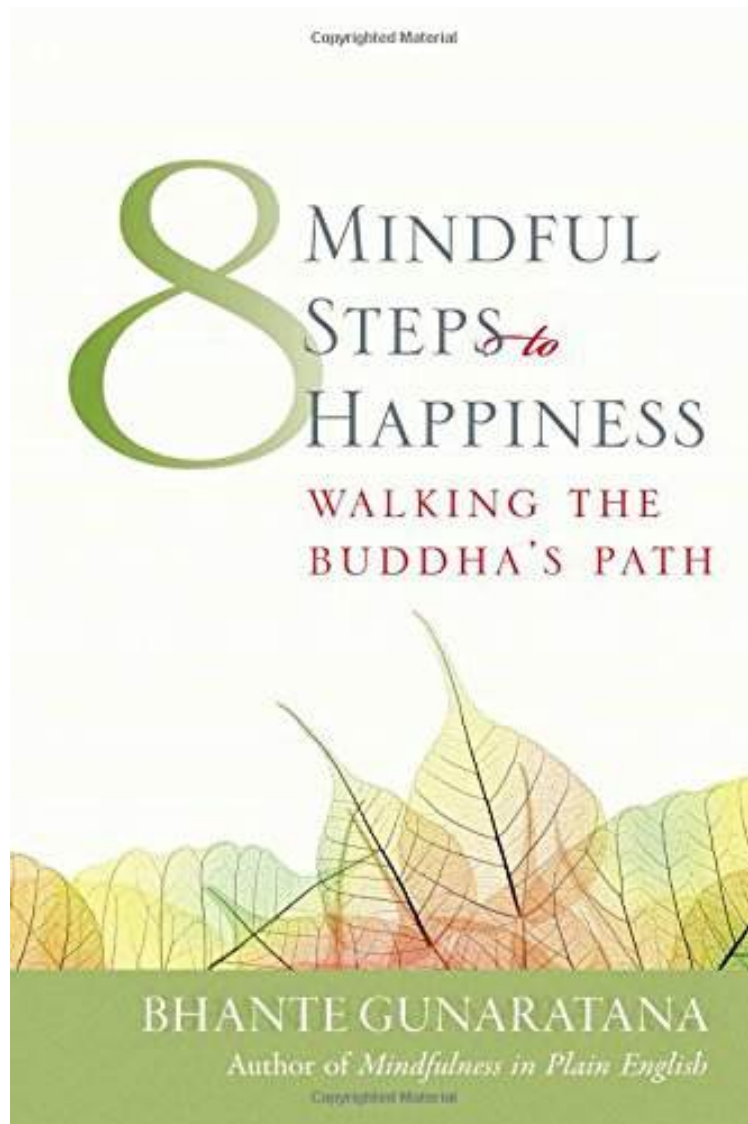


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Eight Mindful Steps to Happiness: Walking the Buddha's Path

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