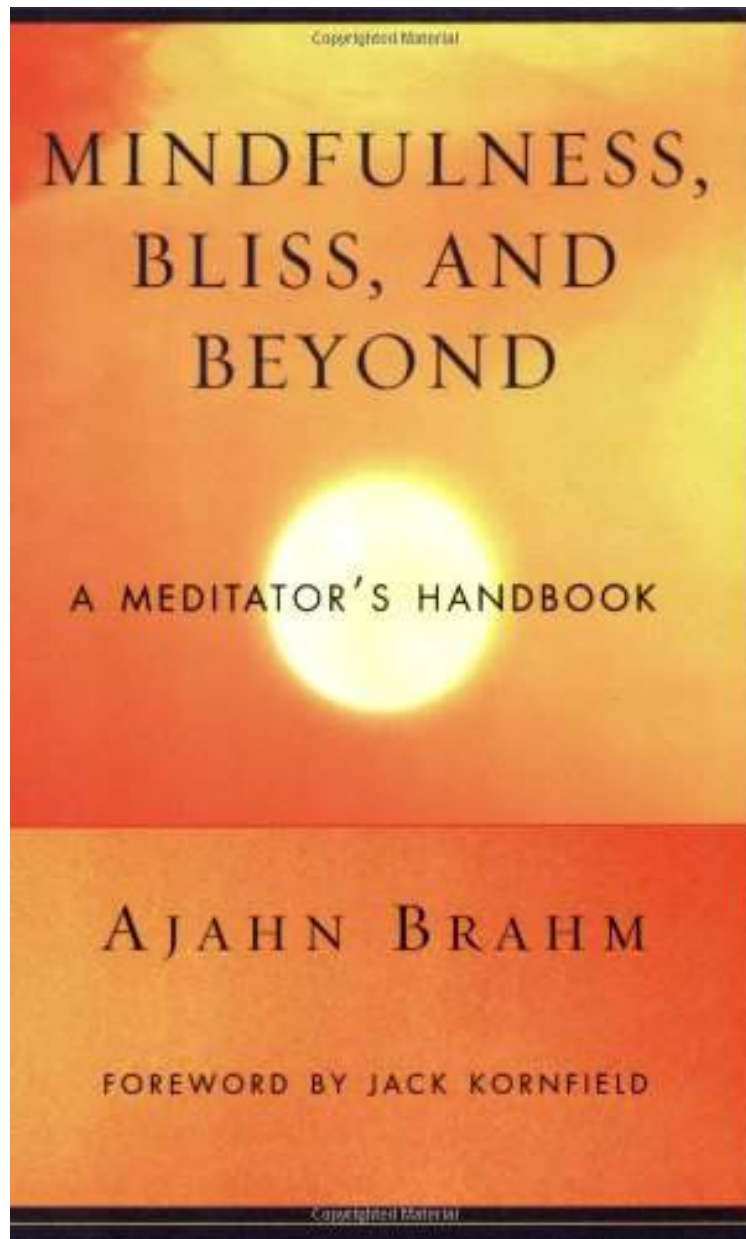


Mindfulness, Bliss, and Beyond: A Meditator's Handbook

By Ajahn Brahm

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