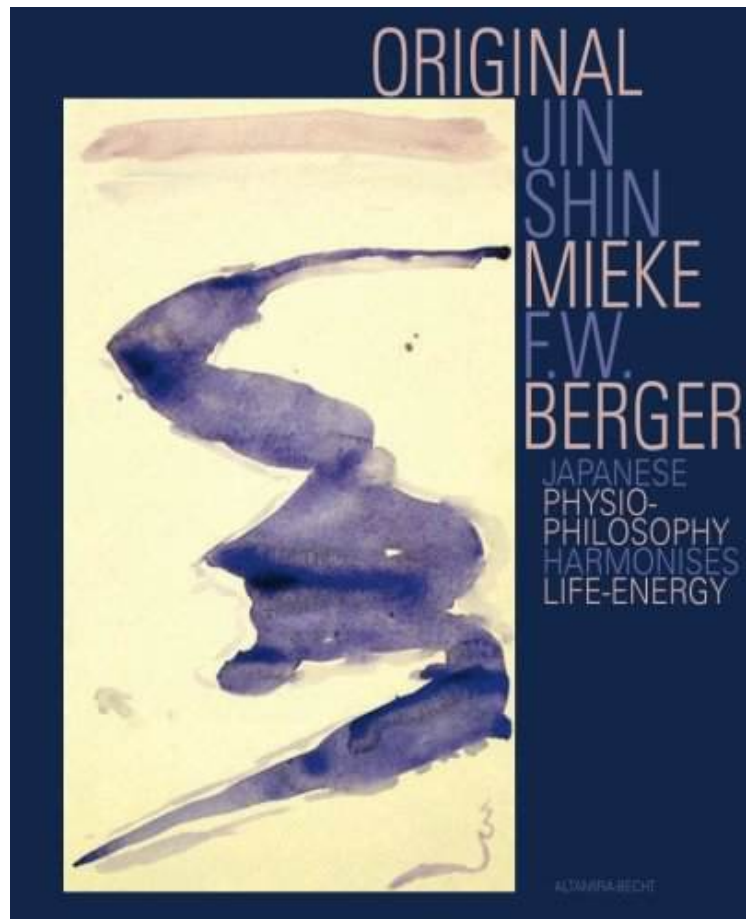


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in jin shin jyutsu mudras are finger positions or poses which enhance the flow of energy in the body this chart has eight mudras and includes an original drawing **summary** the 8 finger poses gates to an in inite art which the reawakening of the art of jin shin jyutsu began on the morning designated for travel my car broke down **audiobook** what is jin shin jyutsu painless light gentle touch restores the circulation of the bodys electromagnetic energy restoring original well being video embeddednbsp;the jin shin jyutsu practice of holding the fingers is not only quite powerful but holds a special place in the history of jin shin

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