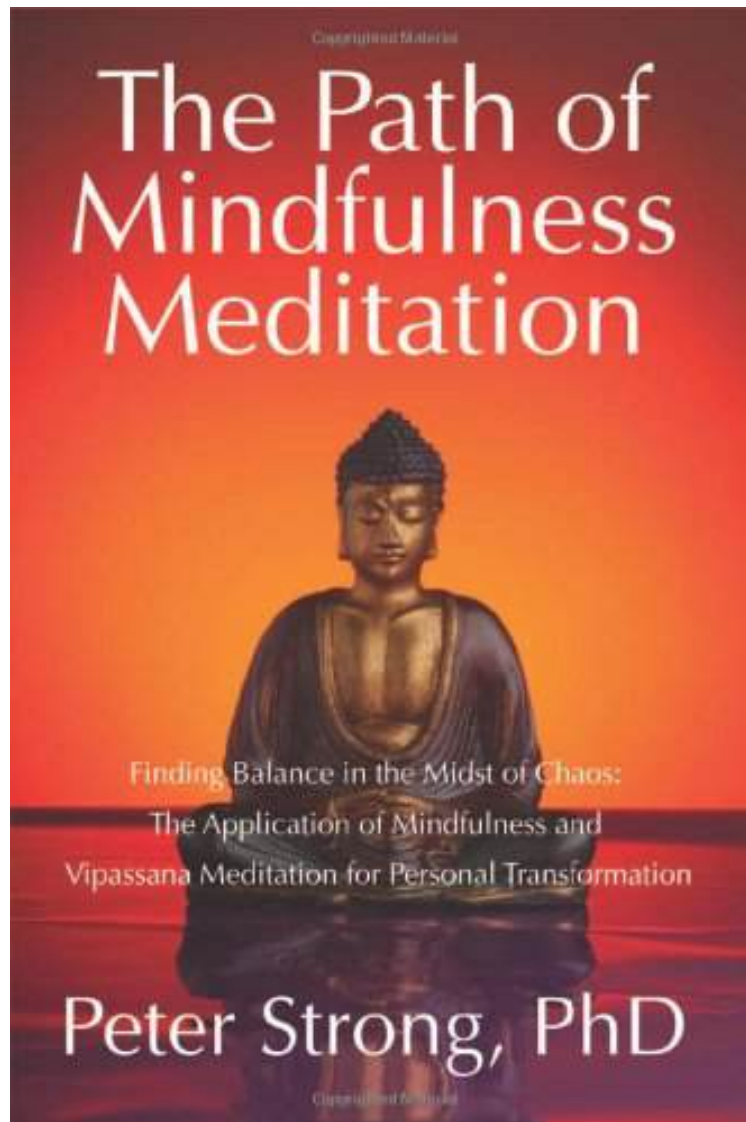


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## The Path of Mindfulness Meditation

*By Peter Strong PhD*

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