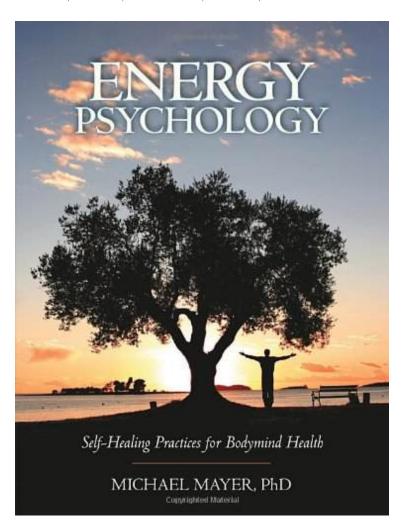
# **Energy Psychology: Self-Healing Practices for Bodymind Health**

By Michael Mayer Ph.D.
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Energy Psychology presents a comprehensive approach to healing that combines leading edge Western bodymind psychological methods with a broad system of ancient sacred traditions Incorporating Dr Mayer's integral approach

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