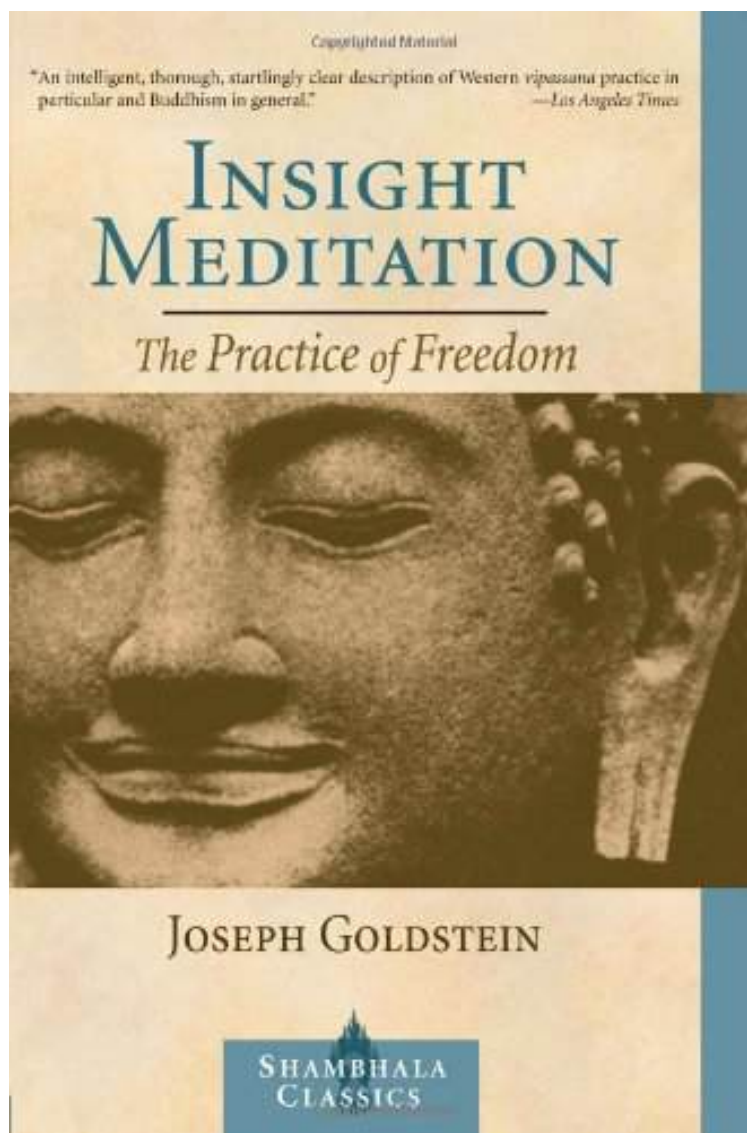


Insight Meditation: The Practice of Freedom

By Joseph Goldstein

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