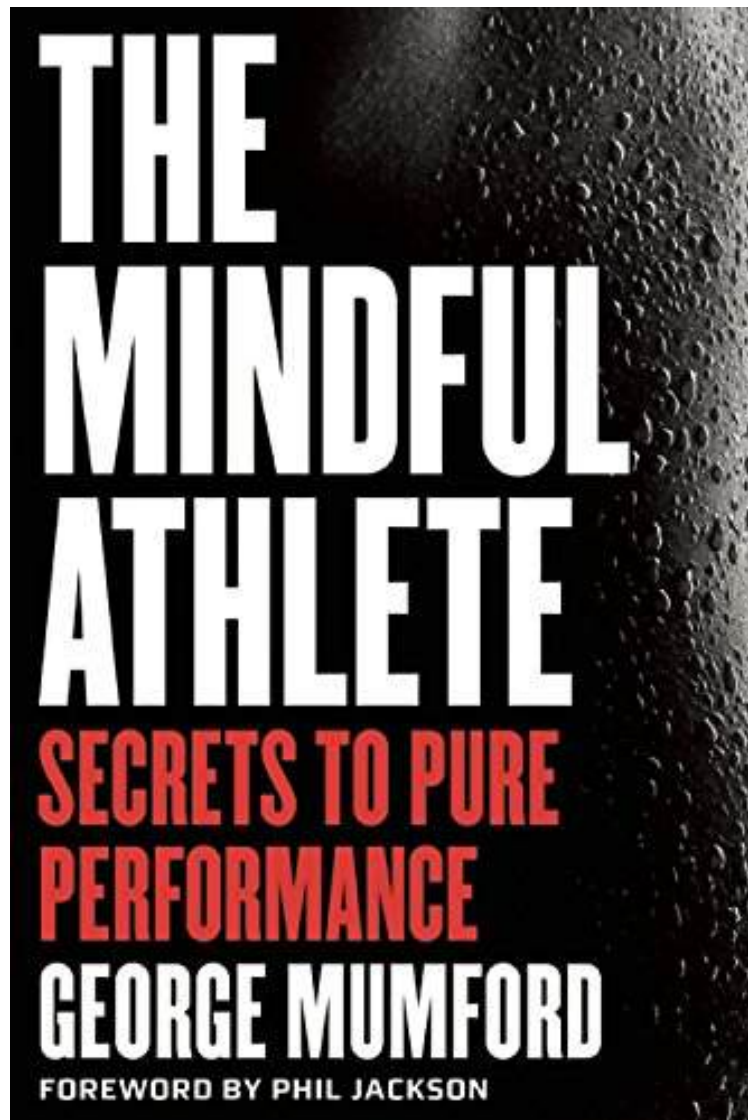


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The Mindful Athlete: Secrets to Pure Performance

By George Mumford

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