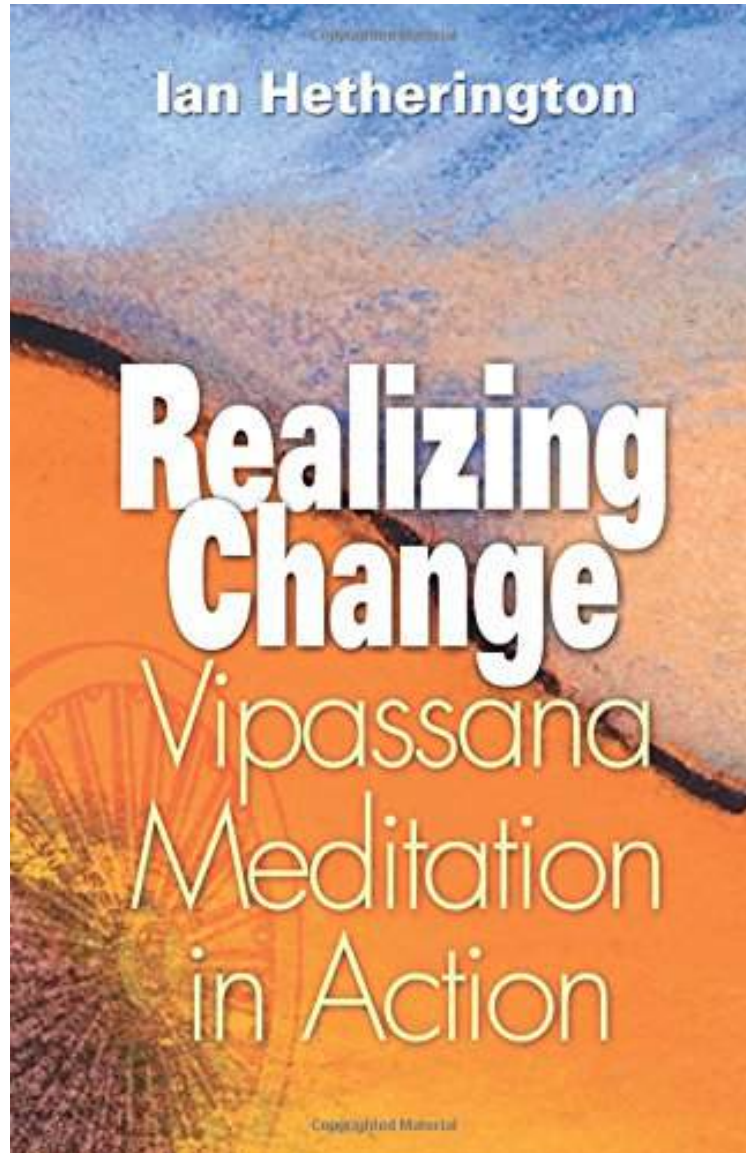


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Realizing Change: Vipassana Meditation in Action

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