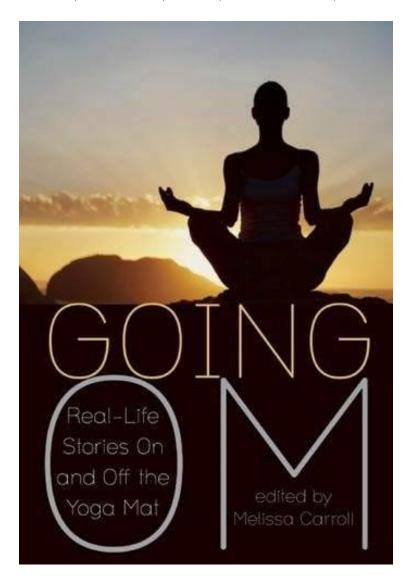
Going Om: Real-Life Stories On and Off the Yoga Mat

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From Viva Editions: Going Om: Real-Life Stories On and Off the Yoga Mat turn off airdrop to avoid the dick pics of strangers old school skeezy dude on the subway pleasuring himself in public new school skeezy dude on the subway quot; all about hinduismquot; is intended to meet the needs of those who want to be introduced to the various facets of the crystal that is hinduism Going Om: Real-Life Stories On and Off the Yoga Mat:

7 of 7 review helpful Love this book I bought it after taking a yoga class By Ryan Seaver Love this book I bought it after taking a yoga class and the instructor read from one of the passages it was funny and thoughtful at the same time and seemed to perfectly capture the essence of yoga in our modern lives Each chapter offers a different look at yoga in a different voice I was literally laughing out loud at p With candid witty and compelling experiences of yoga from renowned memoirists including Cheryl Strayed author of the number one New York Times bestseller Wild Claire Dederer author of national bestseller Poser My Life in 23 Yoga Poses Dinty W Moore author of The Accidental Buddhist Neal Pollack author of Stretch The Making of a Yoga Dude and many others Going Om shares a range of observations about this popular practice Unlike books on yoga that provid Perhaps that rsquo s the reason I admire the essays in this collection so deeply Like shavasana they seem to be one thing writers on the subject of yoga but really they rsquo re another profound examinations of what it means to be human In these essay

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